

Timothy J. Bertelsman, D.C., CCSP

Instructor & Author



A Strong Educational Background

"I regularly attend and teach continuing education classes to ensure that I stay current and provide you with the highest level of care available."

- Honors graduate Logan College of Chiropractic
- Clinical Internship - Community Health Center
- Hospital Externship - Deaconess Medical Center
- Board Certified Chiropractic Sports Physician (CCSP)
- Completed advanced national certification for the diagnosis and treatment of low back pain
- Experienced Assistant Anatomy and Physiology lab instructor - St. Louis Community College
- Experienced Assistant Physical Diagnosis lab instructor - Logan College of Chiropractic
- Author of numerous articles pertaining to the diagnosis and treatment of muscle and joint conditions
- Certified American Red Cross instructor of back injury prevention
- Selected as an injury consultant to nationally recognized Junior Olympic Soccer and Softball teams
- Certified to perform Disability Impairment Ratings
- Adjunct clinician - Logan preceptor program
- Completed 300 hours of Diplomate academic training in the area of sports injuries and physical fitness
- Completed advanced certifications in: manipulation under anesthesia, vehicular trauma, carpal tunnel syndrome and Graston® technique
- National Lecturer: Clinical Excellence, Running Injuries, Indications & Contraindications to Spinal Manipulation, Inflammatory Arthropathies, Sacroiliac Pain, Upper Extremity Nerve Entrapments, TOS
- Co-founder, ChiroUp.com - a web-based clinical resource for chiropractors

Active in Professional Organization

"Professional Organizations and Memberships are other ways I work to stay current. Memberships mean that I meet the high standards expected by these groups."

- Member, American Chiropractic Association (ACA)
- Member & Current Vice President, Illinois Chiropractic Society (ISC)
- Member, ACA Council on Sports Injuries and Physical Fitness
- Member and Faculty, American Back Society (ABS)
- Member, Logan College Alumni Association
- Member & Former President, Southern Illinois Chiropractic Society (SICS)

Serving the Community

"As a lifelong resident of Belleville, I understand the needs of our community and work to insure that this area and our youth will have a bright future."

- Public Service presentations to community organizations
- Member, St. Teresa's Parish, Belleville
- Former participant Big Brothers / Big Sisters of America
- Manager, Youth athletic teams; Belleville Parks and Recreation League, Belle Clair Soccer, Belleville Khory League
- Former team physician; Althoff High School Hockey Club, Prairie State Games, Pan-Am Games
- Steering committee member, Fairview Heights Creative Playground